



THE
LION

R I C H L A N D S



CAFÉ.
& SPORTS BAR



BREAKFAST

AVAILABLE FROM 10AM TO 9PM

	NON MEMBERS	BASE LEVEL MEMBERS
TOAST AND COFFEE COMBO	\$6.90	\$6.20
BACON AND EGGS Your choice of scrambled, fried or poached eggs, grilled tomato and rocket on toasted sour dough.	\$14.30	\$12.90
THE LION BIG BREAKFAST Your choice of scrambled, fried or poached eggs, bacon, buttered mushrooms, hash brown, chipolata, grilled tomato, toasted sour dough.	\$17.70	\$15.90
GRILLED HALOUMI AND AVOCADO Poached eggs, smashed avocado, grilled tomato, toasted sour dough and rocket.	\$15.50	\$14.00
EGGS BENEDICT On brioche with wilted baby spinach and hollandaise.		
	with ham \$15.50	\$14.00
	with smoked salmon \$17.70	\$15.90

*Gluten free bread available upon request

TOASTED/FRESH SANDWICHES

	NON MEMBERS	BASE LEVEL MEMBERS
YOUR CHOICE OF:		
Ham with 2 fillings	\$6.60	\$6.00
Chicken with 2 fillings	\$6.60	\$6.00
Roast beef with 2 fillings	\$6.60	\$6.00
Salad only	\$6.00	\$5.50

ADD ONS

FOR EACH ADDITIONAL FILLING

Lettuce, tomato, beetroot, cheese, red onion, cucumber, carrot	\$0.60	\$0.60
Avocado, egg	\$1.50	\$1.50
Bacon	\$2.00	\$2.00

TORTILLA WRAPS

ALL ROLLED WITH SALAD AND CHEESE

YOUR CHOICE OF:

Chicken Caesar	\$9.90	\$8.90
Ham	\$9.50	\$8.50
Salad only	\$7.70	\$6.90

*If you have special dietary requirements, please let the staff member know and we can arrange a meal to suit your preferences. *Please advise staff for any allergies.

*Gluten free bread available upon request



LIGHTER OPTIONS

VIETNAMESE RICE PAPER ROLLS*

Shredded ice berg, vermicelli, fresh herbs, hoisin sauce.
Choice of prawns, beef or chicken.

NON MEMBERS	BASE LEVEL MEMBERS
\$3.80ea	\$3.50ea

GRILLED CHICKEN SALAD

Mixed leaf, cherry tomatoes, avocado, peanuts, crispy noodles and balsamic mayo.

\$17.80	\$16.00
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VIETNAMESE RICE NOODLE SALAD GF

Shredded ice berg, pickled carrot and daikon, cucumber, bean sprout and fresh Asian herbs.
Your choice of lemon grass beef or prawns.

\$20.00	\$18.00
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*Traces of gluten in all sauces.

GF Gluten Free

FROM THE WOK

AVAILABLE FROM 11.30AM TO 3PM AND 5PM TO 9PM

BASIL FRIED RICE*

Jasmine rice, spiced pulled pork, green shallots, basil and chilli.

NON MEMBERS	BASE LEVEL MEMBERS
\$18.90	\$16.90

PAD THAI*

Flat rice noodles, eggs, prawns, sliced chicken, bean sprout, garlic chives, pickled radish and crushed peanuts.

\$18.80	\$16.90
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SINGAPORE NOODLES*

Thin rice noodles, prawns, char siu pork, wombok, bean sprouts, carrots, onion and green shallots.

\$18.80	\$16.90
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KUNG PO FISH*

Local Barramundi, onion, dried chilli, green shallots, ginger, garlic, cashew nuts and Kung po sauce.

\$22.00	\$19.90
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PORK CHOP KING*

Deep fried pork then tossed in hot wok with caramelised sweet and sour sauce, served with jasmine rice, sesame seeds and coriander.

\$18.80	\$16.90
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*Traces of gluten in all sauces.

HOT FOOD

	NON MEMBERS	BASE LEVEL MEMBERS
CHEESY GARLIC AND BACON BAGUETTE	\$8.90	\$8.00
PORK OR VEGETARIAN SPRING ROLLS (4) Served with Asian dipping sauce.	\$13.30	\$12.00
SALT AND PEPPER CALAMARI Flash fried with lemon and aioli.	\$14.30	\$12.90
TURMERIC DEEP FRIED CHICKEN LOLLIPOPS* Frenched chicken winglets served with an Asian dipping sauce.	\$13.90	\$12.50
FISH AND CHIPS Crispy battered fillets served with chips, salad, lemon and tartare sauce.	\$16.60	\$14.90
BEEF NACHOS Corn chips, spiced beef mince and cheese. Topped with sour cream and guacamole.	\$16.60	\$14.90
SEAFOOD BASKET Battered fish, calamari, prawn, scallop, chips, lemon and tartare sauce.	\$16.60	\$14.90

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*Traces of gluten in all sauces.



TURMERIC DEEP FRIED CHICKEN LOLLIPOPS



BURGERS AND SANDWICHES

	NON MEMBERS	BASE LEVEL MEMBERS		NON MEMBERS	BASE LEVEL MEMBERS
WAGYU BEEF BURGER Caramelized onion, fried egg, bacon, brioche bun, salad filling, cheese, bbq sauce and chips.	\$16.50	\$14.90	STEAK SANDWICH Prime Rib fillet, caramelised onion, salad filling, cheddar, aioli, toasted Panini and chips.	\$17.20	\$15.50
GRILLED CHICKEN SANDWICH Marinated chicken breast, tomato, mesclun, umami mayo, Turkish bread and chips.	\$15.60	\$14.00	BOWL OF WEDGES With sour cream and sweet chilli sauce.	\$10.00	\$9.00
GRILLED HALOUMI SANDWICH Haloumi, tomato, guacamole, mesclun, umami mayo, Turkish bread and chips.	\$15.50	\$13.90	BOWL OF SWEET POTATO FRIES With aioli.	\$11.10	\$10.00
			BOWL OF CHIPS With aioli.	\$7.20	\$6.50

*Gluten free bread available upon request

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Have you had one of our iced coffee's lately?

Photo for illustration purchases only.



ICE CREAM

See our display cabinet for your choice of flavours...

	NON MEMBERS	BASE LEVEL MEMBERS
1 SCOOP + SINGLE CONE/CUP	\$2.75	\$2.50
2 SCOOPS + MEDIUM CONE/CUP	\$4.95	\$4.50
3 SCOOPS/CUP	\$7.15	\$6.50
SUNDAE 2 scoops with whipped cream, nuts, cherry, rolled wafer and your choice of syrup topping.	\$14.25	\$12.95

COLD DRINKS

	NON MEMBERS	BASE LEVEL MEMBERS
ICED COFFEE	\$7.60	\$6.90
ICED CHOCOLATE	\$8.60	\$7.90
ASSORTED FLAVOURED MILKSHAKES		
FRAPPÉ Chocolate, Mocha and Coffee.		

LARGER TAKE AWAY SIZE



**TRY ONE
OF OUR BUBBLE
TEAS TODAY.**

BUBBLE TEA

CHOOSE FROM GREEN OR BLACK TEA

	NON MEMBERS	BASE LEVEL MEMBERS
	\$5.50	\$5.00
LARGER TAKE AWAY SIZE	\$6.50	\$6.00

CHOOSE FLAVOURING (UP TO TWO PER SERVE)

Peach, Strawberry, Lychee, Apple.

CHOOSE TOPPING (ONE PER SERVE)

Lychee popping pearl, Pomegranate popping pearl, Mango popping pearl, Rainbow Jelly, Tapioca.

SMOOTHIES

SUPER SMOOTHIES

	\$8.70	\$7.90
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Mango - Mango

Oxi Boost - Blueberries, Raspberries, Apple, Pineapple, Sunflower Seeds, Pepitas, Chia Seeds and Green Tea.

Gone Troppo - Mango, Banana, Pineapple.

COFFEE (DECAF AVAILABLE)

		NON MEMBERS	BASE LEVEL MEMBERS
ESPRESSO		\$4.60	\$4.20
DOUBLE ESPRESSO		\$5.50	\$5.00
LONG BLACK		\$5.50	\$5.00
SHORT MACCHIATO		\$4.60	\$4.20
LONG MACCHIATO		\$5.50	\$5.00
PICCOLO		\$4.60	\$4.20
VIENNA COFFEE		\$5.50	\$5.00
AFFOGATO		\$5.50	\$5.00
CAPPUCCINO	CUP	\$4.60	\$4.20
	MUG	\$5.50	\$5.00
LATTE	CUP	\$4.60	\$4.20
	MUG	\$5.50	\$5.00
FLAT WHITE	CUP	\$4.60	\$4.20
	MUG	\$5.50	\$5.00
MOCHA	CUP	\$4.60	\$4.20
	MUG	\$5.50	\$5.00
ADD ONS			
ALMOND MILK	ADD	\$0.55	\$0.50
FLAVOURED SYRUPS	ADD	\$1.00	\$0.90
EXTRA SHOT	ADD	\$1.00	\$0.90



HOT DRINKS

		NON MEMBERS	BASE LEVEL MEMBERS
CHAI LATTE	CUP	\$4.60	\$4.20
	MUG	\$5.50	\$5.00
HOT CHOCOLATE	CUP	\$4.60	\$4.20
	MUG	\$5.50	\$5.00
TEA			
ENGLISH BREAKFAST, EARL GREY, GREEN TEA, PEPPERMINT	CUP	\$3.30	\$3.00
	MUG	\$3.85	\$3.50
	POT	\$4.95	\$4.50

PLEASE SEE OUR DISPLAY CABINET FOR SELECTION OF SWEETS AND SAVOURY ITEMS.



M I D A S
REWARDS

OPEN SEVEN DAYS

**CAFE AND SPORTS BAR MENU
AVAILABLE 10AM TILL 9PM**

PH 07 3271 3636

THELION.NET.AU

